



Working Well

Service Launched

Fully funded assistance to support your staff, develop your workplace wellbeing, increase productivity and reduce absenteeism.

Mental ill health is estimated to cost every business £1,300 per employee every year – that's a total annual cost of over £34 billion to UK businesses. However, there are a range of activities that any business can carry out to reduce that figure.

Get Set UK have been commissioned to offer tailored support to Barnet SMEs to develop and implement a workforce wellbeing strategy – from policy development to practical help for your employees.

Our aim is to equip you with effective tools so you can better manage your employees' mental health.

We recognise that SMEs are often over-stretched. Let Get Set UK support you to make a positive difference to your workforce by:

- Reducing absenteeism
- Increasing productivity
- Increasing morale and engagement
- Increasing job retention
- Feeling confident to support your staff appropriately

Mental ill health in employees can often go unnoticed by employers but how it affects your business won't.

A CIPD study found that:

- 37% of sufferers are more likely to get into conflict with colleagues
- 57% find it harder to juggle multiple tasks
- 80% find it difficult to concentrate
- 62% take longer to do tasks
- 50% are potentially less patient with customers/clients.

Get Set UK offer a range of support such as:

- Staff support and signposting to deal with external issues
- Mental health awareness training
- Policy and procedure review (using the 6 Thriving at Work core standards)
- Supply and adaptation of required policies/procedures
- Introduction of absence reporting and back-to-work procedures
- Creation of mental health support signposting systems
- External accreditation of good practice
- Access to external, funded, support
- Mental Health Champion scheme roll-out
- Low cost Employee Assistance Programmes

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www.getsetuk.co.uk

*Providing
Opportunity*



*Must be a SME employer located in the London Borough of Barnet (1-250 employees)